

# Wayzata Track & Field

## Season Bests for 2010 – Final Edition

### 60 Meters

7.1	Jarod Jackson	Indoor scrimmage
7.4	Dan Lasker	Indoor scrimmage
7.4	Chad Trapp	Indoor scrimmage
7.5	Jon Anderson	Indoor scrimmage
7.5	George Klevorn	Indoor scrimmage
7.5	Nick Martin	Indoor scrimmage
7.5	Barry Jennings	Indoor scrimmage
7.6	Ben Wambheim	Indoor scrimmage
7.7	Skip Johnson	Indoor scrimmage
7.7	Paris Burrell	Indoor scrimmage
7.8	Kamal Thompson	Indoor scrimmage
7.8	Alex Rose	Indoor scrimmage
7.8	Chris Brons	Indoor scrimmage
8.1	John Umarov	Indoor scrimmage
8.2	Nathaniel Koch	Indoor scrimmage
8.6	Henrich Ezin	Indoor scrimmage
9.3	Angel Gualpa	Indoor scrimmage
10.4	Zachary Yan	Indoor scrimmage

### 60 Meter Hurdles

9.1	Patrick Nelson	Indoor scrimmage
9.47	Scott Williams	Husky
9.3	Nick Martin	Indoor scrimmage
9.4	George Klevorn	Indoor scrimmage
9.7	Alec Spencer	Indoor scrimmage
10.14	Adam Sorenson	Husky
12.2	Ryan Skajewski	Indoor scrimmage
13.5	Nate Volkman	Indoor scrimmage

### 100 Meters (Letter Time: 11.6)

11.22	Jarod Jackson	Section 6AA
11.1	Markus Whittaker	at Armstrong
11.2	Chad Trapp	JV 5/20
11.2	Michael Borillo	JV 5/20
11.49	Ryan D’Kae	Section 6AA
11.4	Davion Jones	at Armstrong
11.4	Ryan Young	Home triangular
11.4	Dan Lasker	Home triangular
11.5	Jake Blum	Rosemount dual
11.6	Matt Wagener	JV 5/20
11.6	Shadeed Crockett	JV 5/20
11.6	Alex Carlson	JV 5/20
11.7	Adam Gooley	at Armstrong
11.7	Nicholas Pitts	Rosemount dual
11.8	Brandon Johnson	Home triangular
11.8	Sam Gustafson	MV frosh
11.8	Justin Berg	JV 5/20
11.8	Ethan Zeidler	JV 5/20
11.8	Jon Anderson	CLC soph/frosh
11.9	Henrich Ezin	Rosemount dual
11.9	Kamal Thompson	MV frosh
11.9	Nick Martin	Stillwater dual
11.9	Alec Flaa	JV 5/20

11.9	John Caswell	JV 5/20
12.0	Connor Juhl	Stillwater dual
12.0	Paul Berquist	JV 5/20
12.1	William Dugan	at Hopkins
12.1	Ben Johnson	Rosemount dual
12.1	Zach Yan	at Hopkins
12.1	Drew Donlin	at Hopkins
12.1	Scott Williams	at Armstrong
12.1	Alex Rose	Home triangular
12.2	Erik Engebretson	at Hopkins
12.2	Nicholas Pitts	at Armstrong
12.2	Brett Classen	Home triangular
12.2	Kit Snyder	CLC soph/frosh
12.3	Michael Zweber	at Hopkins
12.3	Eddie Chen	at Armstrong
12.3	Chris Brons	JV 5/20
12.4	George Klevorn	Rosemount dual
12.4	Sam Joiner	JV 5/20
12.4	Jonathan Skar	JV 5/20
12.5	John Umarov	at Armstrong
12.5	Bradley Dawson	JV 5/20
12.6	Barry Jennings	Rosemount dual
12.6	Nathan Volkmann	at Hopkins
12.6	Henrich Ezim	at Hopkins
12.7	Daniel Kullback	Rosemount dual
12.7	Casser Farishta	Rosemount dual
12.7	Ryan Peterson	JV 5/20
12.8	Elliot Frenz	Stillwater dual
12.8	Cole Beaulieu	Stillwater dual
12.8	Chris Wipson	JV 5/20
12.9	Paris Burrell	Rosemount dual
12.9	Tyler Heitkamp	at Hopkins
13.0	Mitchell Wilkinson	Rosemount dual
13.0	Nate Koch	JV 5/20
13.1	Frankie Cancino	at Armstrong
13.3	Griffin Rahm	at Hopkins
13.3	Ryan Prekker	at Hopkins
13.4	Ryan Peterson	Home triangular
13.5	John Brands	CLC soph/frosh
13.6	Michael Jagerson	at Hopkins
13.6	Ryan Skajewski	CLC soph/frosh
13.7	Ethan Lane	JV 5/20
13.8	Zach Yan	Home triangular
14.2	Qadry Hamilton	at Hopkins
14.3	Austin Smythe	at Hopkins

### 200 Meters (Letter Time: 23.8)

22.4	Markus Whittaker	at Hopkins
23.33	Chad Trapp	Section 6AA
23.44	Ryan Young	Conference
23.47	Mike Borillo	Section 6AA
23.56	Jarod Jackson	True Team Section
23.7	George Klevorn	at Armstrong
24.15	Ryan D’Kae	Wayzata Relays
24.1	Jon Anderson	JV 5/20
24.3	John Brands	at Armstrong
24.4	Adam Gooley	Rosemount dual
24.5	Justin Berg	Stillwater dual
24.6	Dan Lasker	at Hopkins

24.7	Paul Berquist	JV 5/20
24.7	Alex Carlson	CLC soph/frosh
24.8	Shadeed Crockett	Home triangular
25.2	Chris Brons	at Hopkins
25.5	Sam Joiner	MV frosh
25.6	Kamal Thompson	Rosemount dual
25.7	Brad Dawson	CLC soph/frosh
26.0	Michael Zweber	at Armstrong
26.1	Tyler Heitcamp	at Armstrong
26.2	Casser Farishta	at Hopkins
26.2	Elliot Frenz	at Armstrong
26.2	Chris Pierson	Rosemount dual
26.4	Nathaniel Koch	CLC soph/frosh
26.4	Nathan Volkmann	CLC soph/frosh
26.68	Paris Burrell	Husky
26.5	John Umarov	at Hopkins
26.5	Michael Jagerson	at Armstrong
26.6	Brett Classen	Rosemount dual
27.4	Henrich Ezim	at Hopkins
28.1	Cole Beaulieu	MV frosh
28.8	Zach Yan	CLC soph/frosh
28.9	Ethan Lane	CLC soph/frosh
29.2	Griffin Rahm	at Armstrong

#### 110 Meter Hurdles

(Letter Time: 16.2)

15.51	Patrick Nelson	Section 6AA
15.66	Scott Williams	Section 6AA
16.06	Nick Martin	Section 6AA
16.09	George Klevorn	Section 6AA
16.7	Adam Sorenson	JV 5/20
17.2	Alec Spencer	Stillwater dual
18.6	Guy Guenthner	Stillwater dual
18.8	Michael Borillo	Rosemount dual
18.8	Daniel Kulback	at Hopkins
19.2	Ryan Skajewski	JV 5/20
19.3	Jon Reding	JV 5/20
20.7	Henrich Ezim	JV 5/20
22.1	Mike Zweber	Home triangular
23.1	Drew Donlin	Rosemount dual

#### 300 Meter Intermediate Hurdles

(Letter Time: 42.5)

41.44	Scott Williams	Conference
41.69	Patrick Nelson	True Team Section
41.82	Brandon Johnson	True Team Section
41.94	Nick Martin	Section 6AA
43.4	Alec Spencer	CLC soph/frosh
43.72	Shadeed Crockett	Section 6AA
44.1	Will Dugan	Home triangular
45.3	Adam Sorenson	Stillwater dual
45.3	Guy Guenthner	Stillwater dual
46.8	Henrich Ezim	CLC soph/frosh
47.5	Weston Navratil	at Armstrong
49.7	Ryan Skajewski	CLC JV
49.9	Jon Reding	at Armstrong
49.9	Chris Brons	MV frosh
50.6	Mike Zweber	Home triangular

#### 300 Meters

40.0	Skip Johnson	Indoor scrimmage
40.5	Nick Martin	Indoor scrimmage
40.8	Chad Trapp	Indoor scrimmage
41.1	Chris Brons	Indoor scrimmage
41.2	Barry Jennings	Indoor scrimmage
41.6	Dan Lasker	Indoor scrimmage
41.6	Jon Anderson	Indoor scrimmage
41.6	Scott Williams	Indoor scrimmage
42.2	Paris Burrell	Indoor scrimmage
42.4	Alex Rose	Indoor scrimmage
42.5	Guillermo Saenger	Indoor scrimmage
43.5	Kamal Thompson	Indoor scrimmage
43.8	Brad Dawson	Indoor scrimmage
45.5	Nathaniel Koch	Indoor scrimmage
46.1	John Umarov	Indoor scrimmage
48.0	Ryan Skajewski	Indoor scrimmage
48.5	Henrich Ezim	Indoor scrimmage
49.8	Zachary Yan	Indoor scrimmage
51.1	Angel Guallpa	Indoor scrimmage

#### 400 Meters

(Letter Time: 53.9)

51.28	Brian Jarvey	Conference
51.73	Sam Lebewitz	True Team Section
52.93	Skip Johnson	Section 6AA
52.7	Jarod Jackson	Distance Open
53.09	Austin Hermann	Conference
53.1	Chris Olmanson	Home triangular
54.1	Chris Wilson	Home triangular
54.1	Mike Borillo	Stillwater dual
54.53	Barry Jennings	EP Booster
54.8	Guillermo Saenger	Stillwater dual
54.8	Chris Pierson	Distance Classic
55.68	Brandon Strickland	Wayzata Relays
55.5	Robby Hill	at Armstrong
55.6	Elliot Johnson	CLC soph/frosh
55.9	Will Long	Distance Classic
56.0	Alex Rose	at Armstrong
56.8	Sam Joiner	MV frosh
56.9	Shadeed Crockett	at Hopkins
57.1	Adam Sturtz	Rosemount dual
57.2	Brett Schnobrich	Stillwater dual
57.3	Alec Flaa	JV 5/20
57.8	Ben Johnson	JV 5/20
58.0	Adam Gooley	Home triangular
58.8	Elliot Frenz	JV 5/20
59.0	Paul Berquist	Stillwater dual
59.3	Chris Brons	CLC JV
59.3	Mike Jagerson	JV 5/20
59.4	Paris Burrell	at Armstrong
59.74	Scott Williams	Husky
59.5	Kamal Thompson	MV frosh
59.5	Brett Classen	MV frosh
59.7	Dan Lasker	Home triangular
60.0	Casser Farishta	JV 5/20
60.3	Graham Swenson	JV 5/20
60.6	Nick Pitts	Home triangular
61.46	Adam Sorenson	Husky
61.3	Eric Hulting	CLC soph/frosh

61.7	Justin Berg	Home triangular	2:15.5	Robby Hill (12)	CLC JV
61.9	John Umarov	Home triangular	2:15.8	Garrett Knapp (10)	CLC soph/frosh
62.3	Tom Piering	CLC JV	2:16.1	Davin Evans (12)	at Armstrong
63.5	John Saenger	Rosemount dual	2:16.1	Andy Lindberg (10)	Home triangular
63.5	Tyler Heitkamp	MV frosh	2:16.8	Keith Schumacher (11)	CLC JV
63.6	John Brands	JV 5/20	2:17.5	Iain McCrory (9)	at Armstrong
63.7	Tom Piering	Stillwater dual	2:17.7	Brett Schnobrich (11)	CLC JV
63.8	Nick Sandall	JV 5/20	2:17.7	Mikhail Belkin (12)	Stillwater dual
63.9	Nate Koch	Home triangular	2:17.7	Brian Unekis (11)	Distance Classic
63.9	Nathan Volkmann	JV 5/20	2:18.5	George Bartley (11)	Indoor scrimmage
64.8	Mitch Wilkinson	Home triangular	2:18.6	Andrew Keller (11)	CLC JV
65.1	Matt Wagener	Home triangular	2:19.4r	Ryan Kluck (9)	MV frosh
65.5	Jon Anderson	Home triangular	2:19.8	Andrew Paul (11)	Home triangular
65.7	Ryan Prekker	Home triangular	2:19.8	Alec Waszcszenko (10)	Stillwater dual
65.7	Ethan Lane	CLC JV	2:21.0	John Emmons (11)	Stillwater dual
66.0	Joe Lauffenburger	at Hopkins	2:21.4	Sam Peterson (11)	TT 3/26
66.0	Angel Guallpa	CLC JV	2:21.6	Chris Pierson (9)	Stillwater dual
66.4	Manny Santana-Gonzalez	JV 5/20	2:21.8	AJ Walther (9)	MV frosh
66.5	Angel Guallpa	at Hopkins	2:21.8	Sam Joiner (9)	TT 4/30
67.1	Sam Etling	Stillwater dual	2:22.3	Ben Gooley (10)	CLC JV
67.3	Griffin Rahm	Home triangular	2:22.3r	Pete Greeninger (9)	MV frosh
68.5	Alex Carlson	Home triangular	2:22.4	Elliot Johnson (10)	CLC JV
69.3	Cole Beaulieu	Home triangular	2:22.4	Mitch Snyder (11)	Stillwater dual
73.0	Brian Castle	Home triangular	2:22.6	Scott Sippel (10)	at Armstrong
76.1	Ben Wedin	Home triangular	2:22.7	Graham Swenson	MV frosh
77.3	Brooks Flugaur-Leavitt	Home triangular	2:22.9	Brian Cornille	Last Chance
85.2	Amoagh Kambale	CLC soph/frosh	2:23.6	Guillermo Saenger (11)	TT 3/26
			2:23.7	Matt Paulson (9)	CLC JV
			2:24.6	Andrew Cameron (8)	Distance Classic
			2:24.7	Danny Dvorak (10)	CLC JV
			2:24.7	Tommy Winderl (10)	CLC soph/frosh
			2:25.0	Aden Lungstrom (10)	Home triangular
			2:25.3	Cole Olson (11)	Stillwater dual
			2:25.5	Rizwan Bankwala (9)	Distance Classic
			2:25.8	Alejandro Gutierrez (10)	Stillwater dual
			2:26.0	Declan McCrory (11)	at Hopkins
			2:26.0	William Nafstad (9)	MV frosh
			2:26.0	Grant Benthin	Distance Classic
			2:26.7	Nathaniel Mlinar (9)	Distance Classic
			2:27.7	Seth Forster (9)	Home triangular
			2:27.7	Leyton Briol (9)	JV 5/20
			2:27.7	Graham Sherman (10)	CLC soph/frosh
			2:27.8	Andy Xue	Distance Open
			2:27.9	Eric Hulting (9)	MV frosh
			2:28.6	Mark Paluta (12)	Stillwater dual
			2:28.7	Erik Brua (9)	JV 5/20
			2:29.0	Joey Mahon (10)	CLC JV
			2:29.5	Alec Flaa (9)	TT 4/30
			2:29.5	Noah Schwendeman (10)	JV 5/20
			2:30.7	Yu Iizuka (9)	Distance Open
			2:31.1	Nick Sandall (9)	at Armstrong
			2:31.7	Bryce Allen	Distance Open
			2:32.6	Mark McDonald (10)	Home triangular
			2:32.7	Jaelen Williams (10)	Rosemount dual
			2:33.1	Jake Klopfenstein (11)	CLC JV
			2:33.8	Colin Jaques (9)	JV 5/20
			2:34.1	Clinton Forster (9)	Distance Classic
			2:35.4	Paul Kinkade (10)	Home triangular
			2:37.1	Manny Santana-Gonzalez	at Hopkins

**800 Meters** (Letter Time: 2:05.0)

1:53.5r	Adam Moline (11)	State
1:57.33	Max Johnson (12)	Conference
1:57.8r	Chris Wilson (12)	State
1:59.9	John Subialka (12)	Distance Open
1:59.9r	Chris Olmanson (12)	Conference
2:00.6	Josh Thorson (10)	Last Chance
2:00.6r	Nate Heintzeman (11)	Section 6AA
2:00.8r	Brian Jarvey (10)	Hamline Elite
2:01.32	Austin Hermann (12)	Section 6AA
2:01.7r	Steven Donahue (11)	True Team Section
2:02.61	Preston White (11)	Section 6AA
2:02.98	Sam Lebewitz (11)	EP Booster
2:04.5r	Derek Peterson (9)	True Team Section
2:05.2r	Mark Harries (11)	Home triangular
2:05.8	Nate Engel (12)	Distance Open
2:06.0	Greg Scott (11)	Distance Open
2:06.4r	Landon Lozano (12)	Home triangular
2:07.3	Joe Meister (10)	Home triangular
2:08.14	Jack McCarty (11)	Lakeville
2:08.7	Andrew Long (11)	Stillwater dual
2:09.08	Andy Kleven (12)	Wayzata Relays
2:09.7	Sam Kulberg (12)	Last Chance
2:10.4	Kevin McConnell (12)	at Armstrong
2:10.4	Kyle Li (9)	CLC JV
2:11.7	Adam Sturtz (12)	Stillwater dual
2:14.5	Davey Kulberg (11)	Rosemount dual
2:14.8	Matthew Wilson (10)	CLC JV
2:14.8	Nick Burgmeier (12)	Stillwater dual
2:15.0	Aaron Breyer (8)	at Hopkins
2:15.3	Bobby Rudin (9)	at Armstrong

2:37.8	Kelan McQuinn (10)	CLC JV	5:04.7	Andrew Keller (11)	JV 5/20
2:38.3	Tom Piering (11)	at Hopkins	5:05.4	Matthew Wilson (10)	Wayzata Relays
2:39.0	Hunter Matthies (10)	CLC JV	5:07.8	Brett Schnobrich (11)	at Armstrong
2:39.3	John Saenger (9)	Indoor scrimmage	5:07.9	Ben Gooley (10)	Wayzata Relays
2:40.2	Anthoine Dusselier (11)	at Armstrong	5:09.6	Scott Sippel (10)	Stillwater dual
2:43.6	Jay Hannon (11)	CLC JV	5:10.9	Matt Paulson (9)	Distance Classic
2:43.9	Sam Etling (11)	JV 5/20	5:11.5	Nick Burgmeier (12)	TT 5/25
2:45.9	Ryan Skajewski (9)	TT 4/30	5:11.7	Guillermo Saenger	TT 5/25
2:47.1	David Litt (10)	Indoor scrimmage	5:12.9	Alec Waszcszenko (11)	JV 5/20
2:48.6	Charlie Busch (9)	MV frosh	5:14.3	Keith Schumacher (11)	TT 4/30
2:49.0	Brooks Flugaur-Leavitt (11)	Distance Classic	5:14.8	Andrew Paul (10)	Wayzata Relays
2:49.4	Kyle Alviani (9)	at Armstrong	5:16.5	Rizwan Bankwala (9)	JV 5/20
2:50.3	Mitch Croal (10)	JV 5/20	5:19.1	Garrett Knapp (10)	JV 5/20
2:50.4	Aaron Olson (9)	CLC soph/frosh	5:21.0	Declan McCrory (11)	Wayzata Relays
2:51.5	Trevor Karn (9)	CLC soph/frosh	5:23.3	AJ Walther (9)	Distance Open
2:54.9	Brian Castle (11)	Last Chance	5:26.0	Pete Greeninger (9)	Wayzata Relays
2:55.1	Zach Yan (9)	TT 4/30	5:26.1	Leyton Briol (9)	Home triangular
3:18.5	Ben Wedin (11)	at Armstrong	5:26.4	William Nafstad (9)	Distance Classic
3:51.9	Amoagh Kambale (10)	at Armstrong	5:27.6	Nathaniel Mlinar (9)	Wayzata Relays

### 1200 Meters

3:14.9r	Max Johnson	Wayzata Relays
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### 1600 Meters (Letter Time: 4:45.0)

4:20.57	Max Johnson (12)	State	5:27.7	Erik Brua (9)	Stillwater dual
4:21.80	Oliver Haugland (12)	Section 6AA	5:27.8	Sam Peterson (11)	Rosemount dual
4:23.46	Josh Thorson (10)	Section 6AA	5:28.5	Mark McDonald (10)	Wayzata Relays
4:24.31	Adam Moline (11)	Conference	5:28.7	Mitch Snyder (12)	Wayzata Relays
4:25.89	John Subialka (12)	Conference	5:29.1	Danny Dvorak (10)	Wayzata Relays
4:26.91	Nate Engel (12)	Conference	5:29.6	Andrew Cameron (8)	Distance Open
4:28.33	Nate Heintzeman (11)	Conference	5:30.4	Grant Benthin	Distance Open
4:29.31	Steven Donahue (11)	Conference	5:30.5	Aden Lungstrom (10)	JV 5/20
4:30.49	Mark Harries (11)	True Team Section	5:31.1	Thomas Lerdall	Distance Classic
4:31.7	Joe Meister (10)	Stillwater dual	5:31.8	Noah Schwendeman (10)	Distance Classic
4:33.7	Landon Lozano (12)	Indoor scrimmage	5:33.7	Manny Santana-Gonzalez	Home triangular
4:36.7	Chris Wilson (12)	Last Chance	5:35.7	Joey Mahon (10)	JV 5/20
4:38.5	Greg Scott (11)	TT 5/25	5:33.9	Seth Forster (9)	TT 5/25
4:38.9	Preston White (11)	Indoor scrimmage	5:37.0	Andrew Quirk	Distance Classic
4:39.7	Derek Peterson (9)	CLC soph/frosh	5:37.2	Tommy Winderl (10)	JV 5/20
4:40.8	Sam Lebewitz (11)	TT 5/26	5:37.7	Alejandro Gutierrez (10)	JV 5/20
4:41.1	Aaron Breyer (8)	Distance Open	5:38.8	Nick Sandall (9)	Home triangular
4:41.4	Jack McCarty (11)	Distance Open	5:38.9	Elliot Johnson (10)	at Armstrong
4:44.0	Sam Kulberg (12)	Distance Classic	5:39.4	Ryan Kluck (9)	at Hopkins
4:44.2	Andy Kleven (12)	at Armstrong	5:41.2	Graham Sherman (9)	Stillwater dual
4:49.2c	Chris Olmanson (12)	Challenge 1/3	5:43.4	Paul Kinkade (10)	Stillwater dual
4:50.2	Andrew Long (11)	JV 5/20	5:44.4	Hunter Matthies (10)	Stillwater dual
4:51.6	Davey Kulberg (11)	TT 5/25	5:46.1	Graham Swenson (9)	Rosemount dual
4:52.6	Kevin McConnell (12)	Home triangular	5:46.5	Jaelen Williams (10)	Home triangular
4:53.6	Austin Hermann (12)	Distance Open	5:46.5	Mark Paluta (12)	JV 5/20
4:55.3	Robby Hill (12)	Distance Open	5:46.8	Eric Hulting (9)	Home triangular
4:56.0	Iain McCrory (9)	Distance Classic	5:47.4	Elliot Johnson (10)	Rosemount dual
4:56.4	Andy Lindberg (10)	CLC JV	5:47.6	Kelan McQuinn (10)	Distance Classic
4:56.8	Bobby Rudin (9)	Distance Open	5:47.8	Clinton Forster (9)	TT 5/25
4:56.9	Brian Unekis (11)	TT 5/25	5:50.9	Trevor Karn (9)	Distance Classic
4:57.1	Adam Sturtz (12)	Distance Classic	5:52.9	Aaron Olson (9)	JV 5/20
4:58.1	Kyle Li (9)	Stillwater dual	5:56.4	Anthoine Dusselier (11)	Home triangular
4:58.9	Mikhail Belkin (12)	Distance Classic	5:56.7	Yu Iizuka (9)	Stillwater dual
4:59.9	John Emmons (11)	Home triangular	5:56.8	Cole Olson (11)	TT 3/18
5:00.7	Davin Evans (12)	Home triangular	5:59.8	Jake Klopfenstein (11)	at Hopkins
			5:59.9	Kyle Alviani (9)	Stillwater dual
			6:00.3	Charlie Busch (9)	Stillwater dual
			6:00.7	Mitch Croal (10)	Stillwater dual
			6:01.9	Sam Etling (11)	Home triangular
			6:20.6	Jay Hannon (11)	Wayzata Relays

6:26.9 David Litt (10) at Hopkins  
 6:40.9 Brooks Flugaur-Leavitt (11) TT 5/25  
 6:31.5 Andrew Stern Last Chance  
 6:56.5 Brian Castle Distance Classic  
 7:44.6 Ben Wedin (10) TT 3/18  
 8:30.4 Amoagh Kamale (10) Distance Classic

**3200 Meters** (Letter Time: 10:20.0)

9:18.48 Oliver Haugland (12) State  
 9:18.63 Josh Thorson (10) State  
 9:33.86 Nate Engel (12) Section 6AA  
 9:35.46 John Subialka (12) True Team Section  
 9:38.21 Landon Lozano (12) Section 6AA  
 9:39.86 Mark Harries (11) Hamline Elite  
 9:50.8 Adam Moline (11) Last Chance  
 9:57.17 Joe Meister (10) Wayzata Relays  
 10:09.5 Nate Heintzeman (11) Last Chance  
 10:14.7 Aaron Breyer (8) Distance Classic  
 10:19.8 Derek Peterson (9) JV 5/20  
 10:26.8 Greg Scott (11) Home triangular  
 10:29.3 Andy Kleven (12) JV 5/20  
 10:33.7 Steven Donahue (11) at Armstrong  
 10:35.0 Sam Kulberg (12) Distance Open  
 10:37.9 Kevin McConnell (12) CLC JV  
 10:38.2 John Emmons (11) CLC JV  
 10:43.1 Jack McCarty (11) JV 5/20  
 10:44.9 Preston White (11) Husky  
 10:49.6 Bobby Rudin (9) Distance Classic  
 10:50.6 Davey Kulberg (11) CLC JV  
 11:07.9 Iain McCrory (9) Rosemount dual  
 11:11.2 Sam Peterson (11) Rosemount dual  
 11:28.5 Andy Lindberg (10) Distance Open  
 11:29.4 Rizwan Bankwala (9) MV frosh  
 11:39.3 William Nafstad (9) Distance Open  
 11:41.7 Andrew Keller (11) Rosemount dual  
 11:46.7 Matt Paulson (9) MV frosh  
 11:46.8 Leyton Briol (9) MV frosh  
 12:00.6 Mark McDonald (10) Distance Classic

**Shot Put**(Letter Mark: 45-0)

46-0 ¼ Scott Siegel Section 6AA  
 44-11 ½ Cameron Packel at Armstrong  
 44-4 Luke Peterson Lakeville  
 43-9 ½ John Petrie Section 6AA  
 41-3 ½ Alex Park CLC soph/frosh  
 39-6 Dilan Czech Rosemount dual  
 37-2 Bobby Fowley CLC soph/frosh  
 35-7 Billy Fowley Stillwater dual  
 35-5 Ryan Youngdahl Stillwater dual  
 33-2 Michael Chidester JV 5/20  
 32-10 ½ Reed Johnson JV 5/20  
 32-7 Colin Jaques Indoor scrimmage  
 32-4 John Bonneville MV frosh  
 32-1 Will Lato JV 5/20  
 31-4 Elijah Hollins CLC soph/frosh  
 29-11 Alex Retzlaff at Armstrong  
 27-10 Immanuel Jones Rosemount dual  
 26-10 Shabakah Owens Rosemount dual  
 27-0 ¼ Dinga Dema CLC soph/frosh

25-2 ½ Alex Carlson JV 5/20

**Discus** (Letter Mark: 130-1)

143-3 Luke Peterson Section 6AA  
 125-3 Chris Lindsey at Hopkins  
 124-7 Cameron Packel EP Booster  
 119-10 Alex Park Section 6AA  
 112-8 Scott Siegel at Hopkins  
 111-2 John Petrie JV 5/20  
 96-0 John Bonneville MV frosh  
 91-8 Michael Chidester Stillwater dual  
 91-0 Bobby Fowley CLC soph/frosh  
 90-3 Reed Johnson at Hopkins  
 89-11 Billy Fowley JV 5/20  
 88-3 Ryan Youngdahl JV 5/20  
 79-0 Alex Carlson JV 5/20  
 77-8 Elijah Hollins CLC soph/frosh  
 77-4 Dinga Dema JV 5/20  
 76-6 Alex Retzlaff Stillwater dual  
 73-4 Dilan Czech CLC JV  
 71-2 Will Lato Stillwater dual  
 51-10 Shabakah Owens Rosemount dual

**Triple Jump** (Letter Mark: 39-0)

44-1 ¼ Brandon Strickland Conference  
 43-4 Chris Kroeten Lakeville  
 41-10 ½ Ben Wambheim Section 6AA  
 40-7 ¼ Ethan Zeidler CLC soph/frosh  
 40-4 Shadeed Crockett Section 6AA  
 39-1 Brett Lehman Stillwater dual  
 38-0 Paris Burrell JV 5/20  
 37-11 ¼ Nick Martin CLC soph/frosh  
 37-0 Robby Hill Indoor scrimmage  
 36-4 ¾ Connor Juhl at Armstrong  
 36-0 ½ Gleb Belyaev JV 5/20  
 30-6 Michael Bratt Stillwater dual

**Pole Vault** (Letter Mark: 11-0)

14-6 Mark VanBenschoten State  
 13-0 Alec Spencer True Team Section  
 11-3 Phil Hultgren JV 5/20  
 10-11 Sam Cady Section 6AA  
 10-0 Brandon Dorn Stillwater dual  
 9-0 Eddie Hidani CLC JV  
 8-6 Alex Olmanson at Hopkins  
 8-6 Dylan Carlson at Hopkins  
 8-0 Zach Miller at Armstrong  
 7-0 Ryan Deering Rosemount dual  
 6-6 Adam Cope at Armstrong

**Long Jump** (Letter Mark: 19-0)

21-4 ¾ Chris Kroeten Conference  
 19-10 ½ Ethan Zeidler Section 6AA  
 19-9 ¾ Shadeed Crockett Section 6AA  
 19-7 Brandon Strickland Indoor scrimmage  
 19-5 Jarod Jackson Indoor scrimmage  
 18-5 Dan Lasker Indoor scrimmage  
 18-5 Brett Lehman Stillwater dual  
 18-3 Robby Hill Indoor scrimmage

18-2	Nick Martin	Indoor scrimmage
18-0 ½	Ben Wambheim	Home triangular
17-9	Paris Burrell	Indoor scrimmage
17-8	Connor Juhl	at Armstrong
17-7	Nick Pitts	CLC soph/frosh
17-5	Alex Rose	Indoor scrimmage
17-5	Kamal Thompson	Indoor scrimmage
17-5	Sam Gustafson	at Hopkins
17-2	Barry Jennings	Indoor scrimmage
16-10 ¾	John Caswell	at Armstrong
16-7 ¼	Iain Brooks	at Armstrong
16-5	Sam Joiner	MV frosh
16-1	Bradley Dawson	Indoor scrimmage
16-0	Michael Bratt	Home triangular
16-0	John Umarov	Stillwater dual
15-8	Kristian Asmussen	at Armstrong
15-8	Kit Snyder	Stillwater dual
15-7	Jon Skar	Stillwater dual
15-2 ½	Zach Miller	at Armstrong
15-2	Ryan Skajewski	Indoor scrimmage
15-1 ¾	Amir Abdou	at Armstrong
15-1 ¾	Eddie Hidani	at Armstrong
14-10	Gleb Belyaev	at Hopkins
14-8 ¼	Cole Beaulieu	Home triangular
14-7	Griffin Rahm	Home triangular
14-5	Charles Pfiffner	at Hopkins
14-0 ½	Mike Jagerson	MV frosh
13-4 ¼	Brandon Dorn	at Armstrong
13-2	Sam Cady	at Armstrong
11-6 ¾	Qadry Hamilton	Home triangular
10-10 ¼	Dylan Carlson	at Armstrong
10-9	Calvin Motes	Home triangular
10-8	Ryan Deering	at Armstrong
10-4 ¾	Adam Cope	Home triangular

**High Jump** (Letter Mark: 5-9)

6-5	Ben Wambheim	Section 6AA
6-3	Nick Welshons	Section 6AA
6-2	Sam Gustafson	MV frosh
6-0	Chad Potas	Lakeville
5-11	Ulysses Sibomana	Section 6AA
5-10	Ethan Zeidler	Husky
5-8	Brett Lehman	at Hopkins
5-8	Brandon Strickland	at Hopkins
5-6	Paris Burrell	Home triangular
5-5	Kristian Asmussen	JV 5/20
5-4	Chris Brons	at Hopkins
5-2	Michael Bratt	at Hopkins
5-2	Cole Beaulieu	at Hopkins
5-2	Connor Juhl	Stillwater dual
5-2	Nick Martin	CLC soph/frosh
5-0	Chris Wipson	Stillwater dual
5-0	Chris Pierson	Stillwater dual
5-0	Will Long	Stillwater dual
5-0	Shadeed Crockett	JV 5/20

**400 Meter Relay Splits**

50.2	Adam Moline	True Team Section
50.9	Max Johnson	Conference
51.3	Sam Lebewitz	Wayzata Relays
51.9	Skip Johnson	Section 6AA
52.3	Brian Jarvey	Wayzata Relays
52.4	Chris Olmanson	True Team Section
53.1	Austin Hermann	Wayzata Relays
53.4	Chris Wilson	Wayzata Relays
55.1	Greg Scott	at Hopkins
55.1	Derek Peterson	CLC soph/frosh
55.2	Barry Jennings	TT 4/30
55.5	Josh Thorson	Wayzata Relays
56.4	Steven Donahue	at Hopkins
56.4	Adam Sturtz	at Armstrong
56.5	Elliot Johnson	at Armstrong
56.5	Ulysses Sibomana	Home triangular
56.6	Chris Kroeten	Rosemount dual
56.7	Kyle Li	MV frosh
56.8	Nate Heintzeman	Rosemount dual
56.9	Sam Kulberg	at Armstrong
56.9	Shadeed Crockett	TT 4/30
57.1	Preston White	at Hopkins
57.1	Robby Hill	at Armstrong
57.1	Chris Pierson	CLC soph/frosh
57.1	Will Long	CLC soph/frosh
57.5	Alec Flaa	MV frosh
57.6	Nick Martin	at Hopkins
57.6	Scott Williams	at Armstrong
57.7	Michael Jagerson	CLC soph/frosh
57.9	Alex Rose	at Armstrong
58.1	Kevin McConnell	Home triangular
58.1	Andy Kleven	Stillwater dual
58.2	Iain McCrory	Home triangular
58.4	Adam Sorenson	at Hopkins
58.4	Alec Spencer	Home triangular
58.6	Nate Engel	at Armstrong
58.6	Andrew Long	Home triangular
58.8	Jack McCarty	Stillwater dual
58.9	Mitch Snyder	Home triangular
59.2	Davey Kulberg	Rosemount dual
59.2	Joe Meister	at Armstrong
59.5	Aaron Breyer	at Hopkins
59.6	Andrew Paul	Home triangular
60.1	Nick Burgmeier	at Armstrong
60.5	Bobby Rudin	at Hopkins
60.5	Nate Koch	MV frosh
60.7	Cole Olson	at Armstrong
60.7	Ben Gooley	Home triangular
60.9	Mikhail Belkin	at Armstrong
61.0	Sam Joiner	CLC soph/frosh
61.1	Scott Sippel	Home triangular
61.7	Bradley Dawson	Home triangular
61.7	Ryan Peterson	Home triangular
61.7	Eric Hulting	MV frosh
62.2	Jaelen Williams	at Hopkins
62.2	Davin Evans	at Armstrong
62.2	Alec Waszczenko	at Armstrong
62.3	Graham Sherman	at Armstrong

62.8	Graham Swenson	at Hopkins
63.1	Andrew Keller	Home triangular
63.1	Matt Wilson	Home triangular
63.1	Jon Anderson	CLC soph/frosh
63.3	Alex Olmanson	at Hopkins
63.6	Brett Schnobrich	Home triangular
63.9	Sam Peterson	at Hopkins
63.9	Ryan Kluck	at Hopkins
63.9	William Nafstad	Home triangular
64.1	Sam Etling	Home triangular
64.3	AJ Walther	Home triangular
64.6	Declan McCrory	at Hopkins
64.6	Leyton Briol	at Armstrong
64.6	Tom Piering	Home triangular
62.6	Danny Dvorak	Home triangular
64.7	Aaron Breyer	at Armstrong
64.9	Joey Mahon	at Hopkins
64.9	Mark Paluta	at Armstrong
64.9	Ryan Skajewski	Home triangular
65.0	Andy Lindberg	at Armstrong
65.0	Seth Forster	at Armstrong
65.2	Clinton Forster	at Hopkins
65.2	Noah Schwendeman	Home triangular
65.3	Brian Unekis	Home triangular
65.6	John Emmons	Home triangular
66.2	Brian Unekis	at Hopkins
66.5	Garrett Knapp	Home triangular
66.5	Yu Iizuka	Home triangular
66.6	Hunter Matthies	Home triangular
66.7	Alejandro Gutierrez	at Armstrong
66.9	Pete Greeninger	at Armstrong
67.0	Mitch Croal	at Hopkins
67.0	Tommy Winderl	Home triangular
67.3	Dylan Carlson	at Hopkins
68.6	Nathaniel Mlinar	at Armstrong
69.1	Aden Lungstrom	Home triangular
69.2	Rizwan Bankwala	Home triangular
69.3	Jake Klopfenstein	Home triangular
69.7	Matt Paulson	at Hopkins
69.7	Anthoine Dusselier	at Armstrong
70.3	Erik Brua	at Hopkins
70.7	Paul Kinkade	at Hopkins
71.4	Brian Castle	at Armstrong
71.5	Mark McDonald	at Armstrong
71.8	Zach Yan	Home triangular
72.2	Kelan McQuinn	at Hopkins
73.1	Jay Hannon	at Hopkins
73.4	Manny Santana-Gonzalez	Home triangular
76.6	Mitch Croal	Home triangular
76.7	Charlie Busch	at Armstrong
77.4	Ben Wedin	Home triangular
78.0	Trevor Karn	Home triangular
78.9	Kyle Alviani	at Armstrong
80.5	Aaron Olson	at Hopkins
82.1	Brooks Flugaur-Leavitt	Home triangular
97.7	Amoagh Kambale	Home triangular