

WAYZATA HIGH SCHOOL
PRESEASON
PARENT-ATHLETE NIGHT

Jaime Sherwood

Director of Athletics & Activities

August 22, 2011



WELCOME

PARENTS

&

ATHLETES

AGENDA

1. Welcome
2. Boosters
3. Contact Information
4. Athletic Trainer
5. Concussions Understanding & MRSA
6. Mission Statement/Goals

AGENDA cont.

7. Eligibility
8. Social Host Ordinance
9. Multiple Participation in Athletics & Activities
10. Sportsmanship
11. Communication
12. Online Registration
13. Individual Team Breakout Sessions

WAYZATA ATHLETIC BOOSTERS

- **Kathy Donlin – President Wayzata Athletic Boosters**
- Mission Statement & Role – Parent Handbook Page 3
- Sports Booster Rep @ Booster Website – Parent Handbook Page 3
- Booster Officers – Parent Handbook Page 3
- Sponsor Community Celebration before regular season home football games in September

WAYZATA ATHLETIC BOOSTERS **cont.**

- Gifted over \$200,000 in 2010-11
- Given directly back to the teams and Athletic Department
- Fun-raising opportunities
 - Family Memberships – Page 45 Parent Handbook
 - 3-Winners Card
 - Outdoor Concession Stand
 - AAU Tournaments

CONTACT INFORMATION

Parent Handbook - page 1

- Wayzata HS Athletic/Activities Office
763-745-6621
763-745-6625 FAX
- Wayzata Athletic Website
<http://www.wayzata.k12.mn.us/activitiesandathletics>
- Lake Conference Website for schedules and directions –
Parent Handbook Page 7-10
<http://www.lakeconference.org>
- Brian Gildemeister – Counselor NCAA Clearinghouse
763-745-5718 brian.gildemeister@wayzata.k12.mn.us

ATHLETIC TRAINER

Chris Thein - Institute for Athletic Medicine

- Parent Handbook – Page 11

UNDERSTANDING CONCUSSIONS

Parent Handbook - page 12

- 1. State Statute: Every coach or official who works with an athlete 18 years or younger must have concussion training once every three years.**
 - Includes Head, Assistant, Volunteer Coaches, and Officials

- 2. Return to Play Protocol**

- 3. Learning about Concussions**
 - NFHS website, 20 minute online course.
 - <http://www.nfhslearn.com/>

UNDERSTANDING MRSA

Parent Handbook - page 13

1. Methicillin-Resistant Staphylococcus Aureus

- resistant to some commonly used antibiotics

2. How?

- through an open sore or cut

3. Prevention

- get open sores looked at and treated
- wash your hands
- take a shower
- wash your clothes



INTERSCHOLASTIC ATHLETICS MISSION STATEMENT

Parent Handbook - page 2

*The interscholastic athletics program shall provide a well-rounded, professionally directed, and supervised program of athletic activities at all skill levels. The programs shall operate primarily for the benefit of the students who participate directly or vicariously in these activities, although the importance of public fan and spectator support is also recognized and appreciated. **Participation in athletics is a privilege** for those students who meet standards of eligibility adopted by local, conference and state associations.*

*The interscholastic athletics program should stimulate the development of the whole person. It should enable the athlete to experience personal accomplishments and skill growth, and foster a positive self-image through a competitive athletic experience. **Winning is an important measure of accomplishment in competitive athletics**, often enhancing the overall development of the whole person, and serves as a program goal so long as there is compliance with policy requirements.*

School Board Policy 621, 2004

GOALS

Parent Handbook - page 2

- **To provide all student-athletes with positive experiences which promote the ideals of leadership, fitness, competition and the pursuit of excellence.**
- **To protect the well being of student-athletes through policies and procedures concerned with safety, fitness, and injury care.**
- **To instill good sportsmanship and citizenship, ethical behavior, integrity, and honesty into our student-athletes.**
- **To foster progress of student-athletes through the academic curriculum of Wayzata High School.**

ELIGIBILITY - MSHSL

Questions Regarding:

- PSEO, On-Line Learning
- In and Out of Season Training
- Summer Waiver Period
- Transferring Schools
- Other...

Contact Jaime Sherwood
or go to www.mshsl.org

ELIGIBILITY - DISTRICT 284 BEHAVIOR REGULATIONS

- Parents/guardians/other adults are the most important deterrent for students regarding risk-taking behavior.
- Survey data indicates that chemical use by adolescents continues to be a significant factor in their judgment and safety.
- A student's involvement in athletics is a protective factor but it is not enough to deter them from use.

ELIGIBILITY - DISTRICT 284 BEHAVIOR REGULATIONS cont.

Parent Handbook - page 27

- Students shall not possess, sell, distribute, or be under the influence of alcohol, tobacco, or any other illicit drug including look-alike drugs and drug paraphernalia.
- Includes any illegal behavior, gross misconduct, racial, religious, and sexual harassment/violence and hazing.
- Students must serve a consequence in each category in which they participate - MSHSL, Wayzata HS Intramurals, Activities, and Fine Arts.

ELIGIBILITY - DISTRICT 284 BEHAVIOR REGULATIONS cont.

Parent Handbook - page 27

First Offense

1. Meeting
2. **Two (2) consecutive activities (performances, contests, events) or two (2) weeks of a season in which the student is a participant, whichever is greater.**
3. Plan for reentry with the team or group
4. Team/group/club may apply stricter consequence

ELIGIBILITY - DISTRICT 284 BEHAVIOR REGULATIONS cont.

Parent Handbook - page 27

Second Offense:

1. All of the above apply except:
2. **Ineligible for ONE CALENDAR YEAR for any elected or appointed positions and for all school-sponsored athletic and activity awards and honors (I.e. Lettering, MVP, Captain, etc.)**
3. **Three (3) consecutive activities (performances, contests, events) or six (6) weeks of a season in which the student is a participant, whichever is greater.**

ELIGIBILITY - DISTRICT 284 BEHAVIOR REGULATIONS cont.

Parent Handbook - page 27

Third Offense:

1. Permanent suspension from all school athletics and school sponsored activities.
2. Appeal - a review board will convene no sooner than four(4) months (of the calendar year) after the third offense

SOCIAL HOST ORDINANCE

Parent Handbook - page 28-29

Plymouth City Code Section 1216 – Social Hosts

1. **It is unlawful for a person to host or allow a gathering on any premises if:**
 - a. The person knows that alcohol beverages will be present; and
 - b. The person fails to take reasonable steps to prevent the possession or consumption of alcoholic beverages by an underage person; and
 - c. An underage person consumes an alcoholic beverage with the intent to consume it, at the gathering.
2. **Examples of reasonable steps to prevent...**
3. **A person is not criminally responsible under this ordinance if the person does not know that a gathering will occur, or does not know that alcoholic beverages will be present, or does not know that an underage person will be or is likely to be present. However, if a person has the knowledge specified in paragraph 1 above, a person who hosts a gathering does not have to be present at the gathering to be criminally responsible.**
4. **A person is criminally responsible for violating paragraph 1 above if the person intentionally aids, advises, hires, counsels, or conspires with or otherwise procures another to commit the prohibited act.**

MULTIPLE PARTICIPATION IN ATHLETICS AND ACTIVITIES

1. One Season = One Sport

Why?

In a school with a large student body, it gives an opportunity for one more student to participate.

2. 4 Steps Resolving Scheduling Conflicts

Parent Handbook - page 2

TIPS ON BEING A GOOD SPORTS PARENT

Parent Handbook - page 18

1. **BE SUPPORTIVE OF COACHES**
2. **LET THE COACH DO THE COACHING, BUT YOU CAN DO SOME OF THE TEACHING**
3. **HELP YOUR CHILD LEARN THROUGH FAILURE**
4. **LISTEN TO YOUR CHILD...BUT STAY RATIONAL**
5. **BE MINDFUL OF OUR ROLE AS A ROLE MODEL**

COMMUNICATIONS BETWEEN PARENTS & COACHES

Parent Handbook - page 23

Appropriate concerns to discuss with the coaches:

1. Treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child's behavior

Issues not appropriate to discuss with the coach:

1. Team selection
2. Playing time
3. Team strategy
4. Play calling
5. Other student-athletes

RESOLVING CONFLICTS

Parent Handbook - page 24

1. **Player to Coach**
2. **Coach to Player**
3. **Player & Parent & Coach**
4. **Player & Parent & Coach & Athletic Director**

ONLINE REGISTRATION

- District wide initiative
- New website – provide feedback
- Athletic Passes currently available

INDIVIDUAL SPORT MEETING ASSIGNMENTS

Football – Gym – Conference Banner End

Boys Cross Country – 4th Floor Forum Room

Girls Cross Country – Cafeteria – Upper Level

Cheerleading – Staff Lounge

Boys Soccer – Cafeteria – Lower Level

Girls Soccer – Gym – State Banner End

Girls Swim/Diving – 2nd Floor Forum Room

Volleyball – Gyms 5 & 6 - Back gym

Girls Tennis – Classroom E105

TROJAN PRIDE!

THANK YOU
FOR YOUR
ATTENDANCE AND
ATTENTION!